

# REDinc Timetable (Casino)

This is a snapshot of some of the workshops we offer at Casino REDinc. If you want to do something that isn't here, please get in touch and together, let's make it happen!

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Morning 9am 'til 12pm</b>	Meal preparation & Cooking	Community Engagement (Fishing, Bowling, Hiking)  Picnic Lunch	Day Outings	Outdoor Activities	Men's Shed (all day)  Women's Coffee Club and Baking
<b>Afternoon 12pm 'til 3pm</b>	Fitness	Outdoor Games (Winter)  Swimming (Summer)	Day Outings	Creative Arts	Men's Shed (all day)  Garden Club  Social Gaming



Need NDIS Support? Get in touch for NDIS Planning and Plan Management

Join us! Book a spot:

Call: 02 6622 3400

Shoot us an email: [hello@redinc.org.au](mailto:hello@redinc.org.au)

Drop in and say hi: 38 Johnson Street, Casino, NSW, 2470.



**REDinc**  
realising every dream