## **REDinc Timetable (Lismore)**

Participants can be part of a group pickup and drop off, however families are encouraged to provide transport wherever possible. Drop offs and pickups by families, carers and other providers is at 9:00am and 3.00pm in the afternoon respectively.

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning 9am 'til 12pm	<ul><li>SLES</li><li>Drama</li><li>Path Finders</li><li>(all day activity)</li></ul>	<ul> <li>Literacy and Numeracy Group</li> <li>Out and About Group (all day activity)</li> <li>Dungeons &amp; Dragons (all day activity)</li> </ul>	<ul> <li>Cooking</li> <li>Dance</li> <li>SLES</li> <li>Bowling (all day activity)</li> <li>Mindful Moments</li> </ul>	<ul><li> Music</li><li> Sensory Group</li><li> SLES</li><li> Indoor Gym</li><li> Tabletop Painting</li></ul>	<ul> <li>Beautiful Noises</li> <li>Social Gaming</li> <li>SLES</li> <li>Bowling (all day activity)</li> </ul>
Afternoon 12pm 'til 3pm  Late Afternoon 3pm 'til 6pm	<ul> <li>Karaoke</li> <li>Board Games &amp; Cards</li> <li>SLES</li> <li>Path Finders (all day activity)</li> </ul>	<ul> <li>Art</li> <li>Women's Group (all day activity)</li> <li>Dungeons &amp; Dragons (all day activity)</li> <li>Performance Skills</li> <li>Pop Culture from 3pm - 5pm.</li> </ul>	<ul> <li>SLES</li> <li>Drama</li> <li>Story Book Writing</li> <li>Bowling (all day activity)</li> <li>Sports Program</li> <li>Social Gaming</li> </ul>	· Art · SLES · Indoor Gym · Tabletop Painting	<ul> <li>Performance Choir</li> <li>Social Gaming</li> <li>SLES</li> <li>Bowling (all day activity)</li> <li>Social Gaming</li> </ul>



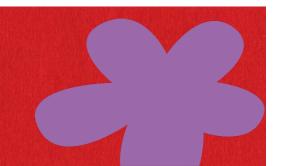
## Join us! Book a spot:

Call: 02 6622 3400

Shoot us an email: hello@redinc.org.au

Drop in and say hi: Level 2, 75 Magellan St.

Lismore NSW 2480



Need NDIS Support? Get in touch for NDIS Planning and Plan Management

